



Grace in Autumn: A Spiritual Direction Group

This fall might be the perfect time to take the next step on your spiritual path in a contemplative, confidential interfaith group.



*There is no getting ready,
other than grace.
--Rumi, from "A Necessary Autumn Inside Each"*

Using creative, experiential and somatic approaches, we will explore daily spiritual practices drawing on resources from a variety of cultures and faith traditions, including embodied meditation, poetry, chant and ritual. This 8-week multifaith, multicultural group is open to people of all genders from a variety of spiritual practices and traditions.

This workshop will be facilitated by Karen Erlichman, MSS, LCSW.

- **When:** Wednesday afternoons from 1:30 – 3:00 PM
Beginning mid November 2014
- **Where:** San Francisco office location – Inner Sunset neighborhood
- **Cost:** \$360/person for the entire 8 week series

Pre-registration and initial interview is **required**.

For more information or to sign up, please call 415.566.2183 or email karen@karenerlichman.com



Karen Lee Erlichman, MSS, LCSW provides psychotherapy, spiritual direction, supervision and mentoring in San Francisco. Karen is an adjunct faculty member at the Starr King School for the Ministry and the Chaplaincy Institute for Arts and Interfaith Ministries. She received her spiritual direction training at the Mercy Center in Burlingame, and completed Facilitator Preparation Training with Parker Palmer and the Center for Courage and Renewal. Karen is passionate about creating diverse and welcoming spaces for exploring identity, spirituality and community. To find out more about Karen, visit her website: www.karenerlichman.com

